# June 2010 – Bacterial disease

CPD questionnaires must be completed online via www.cpdjournals.org.za. After submission you can check the answers and print your certificate. Questions may be answered up to 6 months after publication of each issue.

#### NEW DEVELOPMENTS IN THE LABORATORY DIAGNOSIS OF TUBERCULOSIS

- 1. Which one of the following statements about smear microscopy for TB is incorrect?
  - A. Sample centrifugation improves sensitivity
    B. LED light sources are a useful alternative to standard fluorescent bulbs
  - Fluorescent microscopy improves sensitivity over standard microscopy
  - D. Smear microscopy is highly sensitive for the diagnosis of HIV-associated TB.
- 2. Which of the following statements regarding nucleic acid amplification (NAA) assays for TB is correct?
  - A. The results of 'in-house' NAA assays should be interpreted with caution
  - B. Commercial NAA assays are nonspecific for TB
  - C. NAA assays do not depend to any large degree on the experience of the person performing the test
  - D. Commercial NAA assays are generally more sensitive for smear-negative than smear-positive TB.
- True (A) or false (B) fill in only block A or B: Serological testing may be helpful in confirming a diagnosis of pulmonary TB in adults.

### BACTERIAL MENINGITIS IN THE ERA OF PAEDIATRIC VACCINATION AGAINST THE ENCAPSULATED PATHOGENS

- 4. Which polysaccharide-protein conjugate vaccine has recently been introduced into the Expanded Programme on Immunisation (EPI) in South Africa?
  - A. Haemophilus influenzae serotype b
  - B. Oral polio
  - C. Parenteral polio
  - D. 7-valent pneumococcal vaccine
  - E. 13-valent pneumococcal vaccine.
- 5. Vaccines currently available to prevent disease due to Haemophilus influenzae serotype b (Hib), Streptococcus pneumoniae (the pneumococcus), and Neisseria meningitidis (the meningococcus) are based on (choose one):
  - A. Live, attenuated bacteria
  - B. Polysaccharide capsules
  - C. Outer membrane vesicles
  - D. Killed bacteria
  - E. Cell walls.
- 6. Polysaccharide-protein conjugate vaccines currently available to prevent disease due to Haemophilus influenzae serotype b, Streptococcus pneumoniae and Neisseria meningitidis elicit an indirect effect at a population level due to (choose one):
  - A. Excretion of bacteria in faeces
  - B. Increased spread of bacteria via respiratory droplets
  - C. Reduced nasopharyngeal carriage
  - D. Transmission of live, attenuated bacteria
  - E. Reduced bacteria in animals.
- SEPSIS: AT-RISK PATIENTS, CLINICAL

## **MANIFESTATIONS AND MANAGEMENT**

- True (A) or false (B) fill in only block A or B: Alcoholics, the elderly, neonates and people who are severely immunosuppressed may present with a normal temperature and sepsis.
- 8. True (A) or false (B) fill in only block A or B: Abnormal liver enzymes are a common finding in sepsis.

**9. True (A) or false (B)** – **fill in only block A or B:** Appropriate antimicrobial therapy has a significant impact on survival in sepsis if started within 1 hour of diagnosis.

#### **SKIN AND SOFT-TISSUE INFECTIONS**

- **10. True (A) or false (B) fill in only block A or B:** To cause SSTIs, invading organisms must penetrate the skin barrier through a breach caused by direct trauma or an underlying process such as ischaemia.
- **11. True (A) or false (B) fill in only block A or B:** Pain not in proportion to the appearance of the lesion may indicate a developing necrotising infection.
- **12. True (A) or false (B) fill in only block A or B:** One of the cardinal factors in managing severe, complicated soft-tissue infections is the early recognition of the need for surgical drainage and/or debridement.

### **BACTERIAL INFECTIONS IN TRAVELLERS**

- 13. Which of the following statements concerning treatment of travellers' diarrhoea is correct (choose one):
  - Bismuth subsalicylate should be used for treatment of travellers' diarrhoea in India
  - B. Rifaximin is a standard antibiotic used to treat travellers' diarrhoea
  - C. Campylobacter jejuni is still universally sensitive to fluoroquinolones
  - D. Azithromycin 1 g po stat is acceptable empiric treatment
  - E. Loperamide should not be administered to patients with travellers' diarrhoea.

#### 14. Which of the following statements is true concerning African tick-bite fever (ATBF) (choose one):

- A. Patients may present with multiple eschars
- B. Vesicular rash is NOT a feature
- C. R. africae is carried by the brown tick
- D. The Weil-Felix test is sensitive and specific
- E. Amoxycillin is the drug of first choice for treatment of ATBF.

# 15. Which one of the following statements is true concerning leptospirosis?

- A. Leptospirosis is caused by *Treponema pallidum*
- B. Transmission is via human-to-human aerosol droplet
- spread
- C. Myalgia is a common symptom
- D. Leptospira urinary antigen is the investigation of choice in the first week
- E. Mortality from Weil's disease averages 50%.

#### **DURATION OF ANTIMICROBIAL THERAPY**

- 16. True (A) or false (B) fill in only block A or B: No statistical difference was found between the 5-day and the 8 -10-day regimens in acute otitis media.
- 17. True (A) or false (B) fill in only block A or B: Community-acquired pneumonia can be successfully treated using 3 - 7 days of antibiotics.
- **18. True (A) or false (B) fill in only block A or B:** Infections such as endocarditis, osteitis and septic arthritis require extended duration of antimicrobial therapy.

#### IMPORTANCE OF MINIMUM INHIBITORY CONCENTRATION (MIC) VALUES

- 19. True (A) or false (B) fill in only block A or B: The MIC of an isolate is the lowest concentration of an antimicrobial agent that prevents visible growth of that particular micro-organism in an agar or a broth-dilution susceptibility test.
- **20. True (A) or false (B) fill in only block A or B:** The MIC can guide the choice of antimicrobial used in treatment by predicting efficacy.