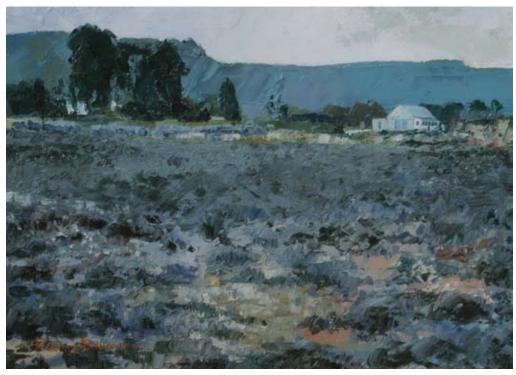
Contents



VOOR-WILLISTON

Pieter Bruwer is a general practitioner in Piketberg. Although he has no formal art training, he has exhibited in Cape Town, Bellville and Paarl.

He mainly paints landscapes, but is also interested in figure and portrait paintings.

152

158

EDITOR'S COMMENT	149
GUEST EDITORIAL The diabetic foot J V Robbs	150

MAIN ARTICLES

What is the diabetic foot?

The rising prevalence of diabetes worldwide will mean an increasing prevalence of complications such as those of the extremities. M Forlee

Principles of management of vascular problems in the diabetic foot

A multidisciplinary approach accounting for the complex pathobiology and biomechanics of the diabetic foot is crucial to decrease the rate of amputations.

L Tudhope

Lower limb amputation for ischaemia with 164 special reference to the diabetic patient

The ultimate goal after amputation is rehabilitation to the limit of what the patient can achieve.

J V Robbs

Charcot's osteoarthropathy

An increased awareness of this condition may help in enabling an earlier diagnosis, instituting appropriate treatment, and preventing severe deformity and disability. T Johnson

The appearance of advertising in SA Medical Association publications is neither a guarantee nor an endorsement of the products or the claims made about the products by the manufacturer.

Subscription rates: Annual R852.00 Outside R1920.00 Single copies R71.00 Students – on application



171

Contents

176

Diabetic foot ulcers - evidence-based wound

management A diabetic foot ulcer should be regarded as a medical emergency. G Weir	1/0
Avoiding foot complications in diabetes Foot complications in diabetes are serious and costly. A Clarke	181
Treatment of diabetic neuropathy in the lower limb Signs and symptoms of diabetic neuropathy may precede the onset of diabetes. L Tudhope	186
AIDS BRIEF	190
PROFESSIONAL ADVERTISING	191
CPD QUESTIONS	192
FORTHCOMING ISSUES	Inside front cover





Guest Editors

J V ROBBS, MB ChB, ChM, FCS (SA), FRCS (Ed), FRCPS (Glasg)

Editor

BRIDGET FARHAM BSc (Hons), PhD, MB ChB

Technical Editors
MARIJKE MAREE
PAULA VAN DER BIJL

Manuscript Co-ordinator ELSA LAMPROPOULOS

Head: Health and Medical Publishing ROBERT ARENDSE

> Production Manager EMMA COUZENS

Professional Advertising
BELINDA DOYLE
Tel. (021) 681-7210

Art Director SIOBHAN TILLEMANS

DTP/Layout & Setting
CLINTON GRIFFIN
TRAVIS ARENDSE

Online Manager GERTRUDE FANI

<u>Distribution Manager</u> EDWARD MACDONALD

Sales and Marketing Director
DIANE SMITH
Tel. (012) 481-2069

E-mail: dianes@samedical.org

Sales Team LISA REID AZAD YUSUF ANDREW CROSS KEITH HILL

CME Editorial Board

Dr N Mabasa

Dr N Lee Dr B Schweitzer Prof. J Seggie Prof. J P van Niekerk Dr H S van Riet

ISSN 0256-2170

©Copyright: The South African Medical Association, Health and Medical Publishing Group.

Use of editorial material is subject to the Creative Commons Attribution – Noncommercial Works License. http://creativecommons.org/licenses/by-nc/3.0/

Printed by TANDYM PRINT