

# Contents



#### Middeldrift by Pieter Bruwer.

Pieter Bruwer is a general practitioner in Piketberg. Although he has no formal art training, he has exhibited in Cape Town, Bellville and Paarl. He mainly paints landscapes, but is also interested in figure and portrait paintings.

# EDITOR'S COMMENT 197

GUEST EDITORIAL

Gastroenterology

G Watermeyer

## MAIN ARTICLES 200

#### Colorectal cancer screening

Colorectal disease is an extremely common cancer and requires early detection for optimal treatment.

H Schneider

## Recent advances in inflammatory bowel disease

We have come some way in understanding the aetiology of inflammatory bowel disease, which has allowed advances in its management.

K E Pettengell

# Refractory gastro-oesophageal reflux disease: a major management issue in clinical practice

Refractory gastro-oesophageal reflux disease can be frustrating, for both patient and practitioner.

C van Rensburg

### Chronic idiopathic constipation

The function of the colon is to conserve water, split dietary fibre by the action of colonic bacteria and allow the expulsion of residue at a convenient time.

D Epstein

198

### Helicobacter pylori and gastric cancer

Gastric cancer is a common form of cancer which generally has a poor prognosis.
E L Fritz, S W van der Merwe

### MORE ABOUT...

Diverticular disease of the colon
V G Naidoo
Advances in hepatitis B
M Sonderup

• Hepatitis C virus (HCV) C Kruger

The appearance of advertising in SA Medical Association publications is neither a guarantee nor an endorsement of the products or the claims made about the products by the manufacturer.

Subscription rates: Annual R800.00 Outside R1800.00 Single copies R61.00 Students – on application



May 2009 Vol.27 No.5 **CME** 

216

**220** 

228



# Contents

ABSTRACTS 230
AIDS BRIEFS 232
NEWS BITES 234
PULSE 236
PROFESSIONAL ADVERTISING 238
CPD QUESTIONS 240

FORTHCOMING ISSUES

HMPG



Guest editor

GILL WATERMEYER

MB ChB, FCP (SA), Cert Gastroenterol

(CMSA)

<u>Editor</u>

BRIDGET FARHAM BSc (Hons), PhD, MB ChB

Technical Editors
MARIJKE MAREE
PAULA VAN DER BIJL

Manuscript Co-ordinator ELSA LAMPROPOULOS

Head: Health and Medical Publishing

Production Co-ordinator
EMMA COUZENS

Professional Advertising

BELINDA DOYLE Tel. (021) 681-7210

Art Director SIOBHAN TILLEMANS

DTP/Layout & Setting
TARIQ CASSIM
CLINTON GRIFFIN
TRAVIS ARENDSE
GERTRUDE FANI

**Distribution Manager** EDWARD MACDONALD

Sales Director - Cape Town
DAVID ITZKIN
Tel. (021) 681-7207

Advertising Pretoria
DIANE SMITH
Tel. (012) 481-2069
E-mail: advertising@samedical.org

CME Editorial Board
Prof. R E Kirsch
Dr N Mabasa
Dr N Lee
Dr B Schweitzer
Prof. J Seggie

Prof. J P van Niekerk Dr H S van Riet

ISSN 0256-2170

©Copyright: The South African Medical Association, Health and Medical Publishing.

Printed by TANDYM PRINT

**Inside front cover**