

Contents



Daschklip Pass by Pieter Bruwer.

Pieter Bruwer is a general practitioner in Piketberg. Although he has no formal art training, he has exhibited in Cape Town, Bellville and Paarl. He mainly paints landscapes, but is also interested in figure and portrait paintings.

EDITOR'S COMMENT 101

GUEST EDITORIAL 102

Dyslipidaemia
D J Blom

MAIN ARTICLES 104

New therapeutic developments in lipidology
Since the previous CME on lipidology was published in 2003 there have been many new and exciting developments in lipid-modifying therapy.

D J Blom, A D Marais

A clinical approach to dyslipidaemia 108

Lipids are vital to life, but are important contributors to pathology.

D J Blom

Secondary dyslipidaemia 115

There are frequently secondary causes of dyslipidaemias, often reversible.

Z Bayat

Normal and abnormal lipid and lipoprotein metabolism 118

There is a range of disorders of lipoprotein metabolism with varied biochemical changes, risk and manifestations depending on the cause.

A D Marais

Lipid-modifying therapy 123

A reduction in cardiovascular risk is the main aim of most lipid-modifying therapy.

M C Rajput

MORE ABOUT...

- **Physical signs in dyslipidaemia** 127
D J Blom
- **Rational use of lipid investigations** 129
M Le Riche
- **Atherosclerosis imaging – how and whom?** 130
K H Wolmarans
- **Getting the diet right** 132
C Fuller

The appearance of advertising in SA Medical Association publications is neither a guarantee nor an endorsement of the products or the claims made about the products by the manufacturer.

Subscription rates:
Annual R800.00
Outside R1800.00
Single copies R61.00
Students – on application



Contents

CASE REPORT	134
ABSTRACTS	137
AIDS BRIEFS	139
PULSE	141
PROFESSIONAL ADVERTISING	143
CPD QUESTIONS	144
FORTHCOMING ISSUES	Inside front cover

Guest editor

DIRK J BLOM
MB ChB, FCP (SA), MMed, PhD

Editor

BRIDGET FARHAM
BSc (Hons), PhD, MB ChB

Technical Editors

MARIJKE MAREE
PAULA VAN DER BIJL

Manuscript Co-ordinator

ELSA LAMPROPOULOS

Head: Health and Medical

Publishing

ROBERT ARENDSE

Production Co-ordinator

EMMA COUZENS

Professional Advertising

BELINDA DOYLE
Tel. (021) 681-7210

Art Director

SIOBHAN TILLEMANS

DTP/Layout & Setting

TARIQ CASSIM
CLINTON GRIFFIN
TRAVIS ARENDSE
GERTRUDE FANI

Distribution Manager

EDWARD MACDONALD

Sales Director - Cape Town

DAVID ITZKIN
Tel. (021) 681-7207

Advertising Pretoria

DIANE SMITH
Tel. (012) 481-2069

E-mail: advertising@samedical.org

CME Editorial Board

Prof. R E Kirsch
Dr N Mabasa
Dr N Lee
Dr B Schweitzer
Prof. J Seggie
Prof. J P van Niekerk
Dr H S van Riet

ISSN 0256-2170

©Copyright: The South African
Medical Association, Health
and Medical Publishing.

Printed by TANDYM PRINT

